



## water & sanitation

Department:  
Water and Sanitation  
REPUBLIC OF SOUTH AFRICA

### INTERNET ARTICLE

#### **Celebrating Women of Wisdom & Success**

18 August 2016

The women of the Mpumalanga Provincial Office of the Department of Water and Sanitation celebrated the Women's Month with a fun-filled day on 17 August 2016 in Mbombela. The day was basically a day of motivation and encouragement where the spirit of success, confidence and increased self esteem was instilled.

The women were exposed to and reminded of the importance of financial management, good nutrition and healthy living, gender equality, looking good and dressing for success.

Ms Nomsa Majola from Liberty Life encouraged the ladies to set goals and work on achieving them. She also encouraged them to prioritise between their needs and wants and to look at their insurance policies. Money management was highly emphasized to ensure that they do not fall into the debt trap.

The dietician encouraged the women to watch what they eat and live an active life. She also emphasized the importance of weight management.

The importance of the correct make-up was presented by make-up artist, Ms Lindiwe Gama. She exposed the women to the different types of make-up for the corporate world and the different steps of applying it. She also engaged the ladies on the appropriate make-up and the do's and don'ts in relation to make-up and skin care.

Ms Anna Moabelo encouraged women to always dress for success as your dress code also determines your confidence in any situation. Factors that must always be taken into consideration when dressing for success include who or what you are dressing for, colours, body shape, and lifestyle. She stated that the formula for dressing for success is to balance your body and learning to conceal your flaws and reveal your assets in an appropriate manner. The ladies were also reminded of the different body shapes (triangle, inverted, rectangle, hourglass) which need to be taken into consideration when looking at dressing for success. Lifestyle also determines the type of dress code one is comfortable with.



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The day was an interesting and educational one as the ladies learnt a lot and had a chance to engage with the presenters on a one-on-one basis where they were able to discuss their individual and personal issues in relation to the different topics.

**Themba Khoza**